

## Sermon Notes

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### The View From My Window WITH PASTOR JOEL

My battle to control my appetite for food comes in stages. When I'm out of control I eat almost constantly whenever I'm at home. Every time I walk through the kitchen I grab something to eat; I'll carry a bag of pretzels or whatever along to the couch & munch or maybe I'll raid the fridge for some leftover dessert. While I'm eating one thing I'm thinking about what I'll eat next. I don't eat until I'm full, I eat until I'm stuffed then can't wait for the bloating to subside so I can eat some more. In this state I crave sweets, especially chocolate. Hunger pangs feel like an emergency – I'm starving to death!

When I'm on the right track, I eat three small meals a day & have a bowl of cereal in the evening. I'm free from the lust to munch – my sweet tooth is in remission. I feel better physically & sleep better at night. The food I eat tastes better. I'm happy to step on the scale & look in the mirror. Hunger pangs remind me that my body is eating away at my fat & I'm winning.

That's usually when I begin to drift. "A little won't hurt..."

#### DRIFT NOT!

- Pastor Joel

We're "nla.today"  
on Facebook & Instagram

## Welcome to New Life ...

# We're glad you're here!

**SUNDAY, JANUARY 14, 2018**  
DAY 12 OF 40 DAYS OF FASTING

**7:00am - Prayer Meeting**  
Open prayer for all in Room 10

**8:00am - Service**

**9:00am - Self-Serve Café Open**  
Join us for coffee & treats off the main lobby!

**9:15am - Sunday School**  
- Kids Clubhouse: Pre-K kids  
- Room 3 & 4: Grades 1-8 kids  
- Basement: Grades 9-12 teens  
- Kids Church Rm: Youth Worship Team Practice  
- Gym: Married Couples (*My Better Half* class)  
- Sanctuary: Adults

**10:15am - Service, Nursery & Kids Church** (age 0-3),  
& Kids Church (age 3-6th grade)  
Family Room open: A live stream of the service & a play area for kids is available for families in Room 9.

**6pm - Prayer & Testimonies Service**

**Moms** A private room for nursing mothers is located off the Main Lobby in Room 2

#### TODAY'S MESSAGE:

##### Drift Not

Hebrews 2

Rev. Joel Everhart

#### THIS WEEK ...

**TUES, JANUARY 16**  
6:30pm - Open Volleyball

**WED, JANUARY 17**  
7pm - Adult Bible Study, Royal Rangers, Girls Club, & Rainbows

#### OPEN PRAYER TIMES

Mon, Tue, Thu, Fri: 8-10am & 7-9pm  
Wed: 8-10am & 6-7pm (service at 7pm)  
Sat: 8-10am & 6:30-8:30pm

Joel Everhart  
SENIOR PASTOR

[pje@nla.today](mailto:pje@nla.today)



Please send van/room reservation requests to [calendar@nla.today](mailto:calendar@nla.today)

Please submit announcements to [hello@nla.today](mailto:hello@nla.today) one week in advance

EXPECT  
JESUS

ONLINE  
[www.nla.today](http://www.nla.today)

EMAIL  
[hello@nla.today](mailto:hello@nla.today)

PHONE  
717-259-9941

# New to New Life?

**Thanks for being with us today!** One of our greeters would be happy to show you around the church & answer any questions you may have about New Life. You can also find out more on our website at [www.nla.today](http://www.nla.today) or by emailing our office at [hello@nla.today](mailto:hello@nla.today).

**Here at New Life,** we strive to be a spirit-empowered family of believers who **worship** the Lord, work together to **build** a body of believers, **reach** the lost, & **minister** to a hurting world. We **Expect Jesus** to meet us here & to use us beyond these walls.

## Worship

**What Will You Take Off Your Plate?** From January 3 to February 12 our church will spend time fasting & focusing on prayer. We'd love for you to share what you're 'taking off your plate' during your fast to encourage others & to help you stay on track! Stop by our display in the main lobby to join the conversation.

**4 Ways to Give.** There are several ways you can give to New Life: (1) **cash** or **check** dropped into the offering, (2) via **credit card** online at [www.nla.today/give](http://www.nla.today/give), (3) by purchasing **gift cards** to Giant or Weis through our Business Office (New Life receives 5% of the proceeds), & (4) by shopping online via **Amazon Smile** using our link: [smile.amazon.com/ch/23-2500675](https://www.amazon.com/ch/23-2500675)

## Build

**My Better Half Sunday School Class.** The Hershes are teaching a new 12-week Sunday School class called 'My Better Half' in the gym starting today! This class is for all married couples - from newlyweds to seasoned spouses. Sign up for the class in the main lobby.

**January Coordinator Meeting** All Ministry Coordinators are encouraged to attend the Coordinator Meeting on Wed, January 31 at 7pm in the Youth Room. There will be no kids or youth programs, but there will be childcare for kids of Coordinators who attend the meeting.

**Monthly Men's Breakfast.** The Men's Breakfast & fellowship takes place on the second Saturday of each month at 8am.

**The Gathering Women's Bible Study.** This small group women's Bible study's next meeting is March 13 at 9am in the Youth Room!

**New Life Worldwide.** We live stream all of our services on our website! In December, our services were watched by 208 unique viewers in 9 different countries (including 46 US states)!

**Water Baptism & Membership.** Interested? Email our office at [hello@nla.today](mailto:hello@nla.today) to discuss next steps & register for our spring *New Members* class.

## Reach & Minister

**Prayer & Testimony Service.** Join us for a time of Prayer & Testimonies tonight at 6pm as part of our *40 Days of Fasting & Prayer*. The church will also be open this week for prayer at the following times pending good weather:

- Mon, Tue, Thu, Fri: 8-10am & 7-9pm
- Wed: 8-10am & 6-7pm (service at 7pm)
- Sat: 8-10am & 6:30-8:30pm

**Ruth's Harvest Food Drive.** We're accepting single serving size packages of shelf-safe milk, cereal, & ravioli for Ruth's Harvest, a program that provides a weekend's worth of meals to over 150 students & families in the Bermudian Springs School District who need food. Drop off donations in the main lobby by January 21.

**Clothing Drive with Shining Stars.** We're partnering with Shining Stars -- a horse therapy ministry for adults & families with special needs -- to collect gently used clothing (no holes or stains!) now through Sunday, February 11. Our collection box is located in the back lobby. Shining Stars will host a "Clothing Give Away" at their arena on Saturday, February 17 from 9am-1pm at 3185 York Rd, Gettysburg.

# Family Ministries

**Kids' Breakaway!** It's time to sign up for our District's Kids' Breakaway Weekend: Fri-Sun, February 23-25. Cost is \$60/child. Financial Aid is available! Please sign up your child & take a Camper Application located on the bulletin board by the Kids Church check-in desk. Registration & money is due to Dana Catania by **Sunday, February 4!**

**Youth Fine Arts!** Do you want to share your gifts in a friendly competition? Now is the time for teens in grades 6-12 to sign up for District Fine Arts! Cost is \$30/teen. Take a Fine Arts Application & Info Sheet located on the Bulletin Board by the Youth Room. Registration & money is due to Andrea Everhart by **Sunday, January 21!**

**Students: Pizza & Big Daddy Weave.** All students (age 12-22) are invited to pizza & a concert on January 28 headlining Big Daddy Weave & featuring Brandon Heath. Pizza at 4:30pm at church, doors open at 6pm & show starts at 7pm at Christian Life Assembly in Camp Hill. \$5/student is **due today**. Cost increases to \$20/student after today.

**Ski Roundtop Tubing Event.** All students (age 12-22) are invited to Ski Roundtop following church on Sunday, February 18. Cost is \$15/student (lunch & dinner provided). Meet back at the church for pizza & meet missionary Tony Sebastian at 5:30pm. Sign up & grab a permission form on the bulletin board by the Youth Room.

## Reach & Minister

**Stephen's Legacy.** New Life's benevolence committee provides aid to several single parents, widows, elderly, & families in crisis. Stephen's Legacy has knowledgeable volunteers (including trained nurses) ready to help with health-related needs, home & car repairs, financial aid in hard times, & home-cooked meals. Stephen's Legacy partners with the Salvation Army to oversee the applications made in East Berlin for distributing aid for utilities & rent assistance. Members are ready to pray with anyone who has a need, so please ask! If you or someone you know needs aid, please contact one of the our team members!

# Volunteer Positions

You tell us your availability & we'll work with your schedule!

**Nursery Helper**  
for Babies Age 0-3  
*Sun at 6pm & Wed at 7pm*  
See Dara Womer

**Sunday School Teacher**  
for Kids Pre-K - Grade 8  
*Sundays at 9:15am*  
See Ariel Strine

**Rainbows Teacher or Helper**  
for Kids Age 3-6  
*Wednesdays at 7pm*  
See Mandi Geiman

**Prims Girls Club Teacher or Helper**  
for Girls Age 7-Grade 6  
*Wednesdays at 7pm*  
See Mandi Geiman

**Kids Can Serve Too!** On Family Worship Sunday (the first Sunday of the month), we'd like kids to feel welcomed & engaged in our Family Service by having them serve as greeters & ushers. If your child would like to serve in these positions, please see our Kids Church Coordinator Dana Catania.

STEPHEN'S LEGACY LEADERSHIP TEAM

Angie Kline	Ray Mummert
Dave Mickley	Mark Hinkle
Wayne Esbenschade	John Quinn
Carolyn Brown	Wendy Wagner

**Love on Nursing Home Residents.** Save the Date! Led by Stephen's Legacy, the church will be serving home-cooked meals & playing games with the residents of Harmony Personal Care Home in Hanover on **Sunday, April 8.**